



CITY OF SAN ANTONIO
METROPOLITAN HEALTH DISTRICT

Adolescent Health Services
through University Health System and
Communities In Schools of San Antonio

Presented by: Dr. Colleen M. Bridger, Director
Agenda Item #
September 21, 2017



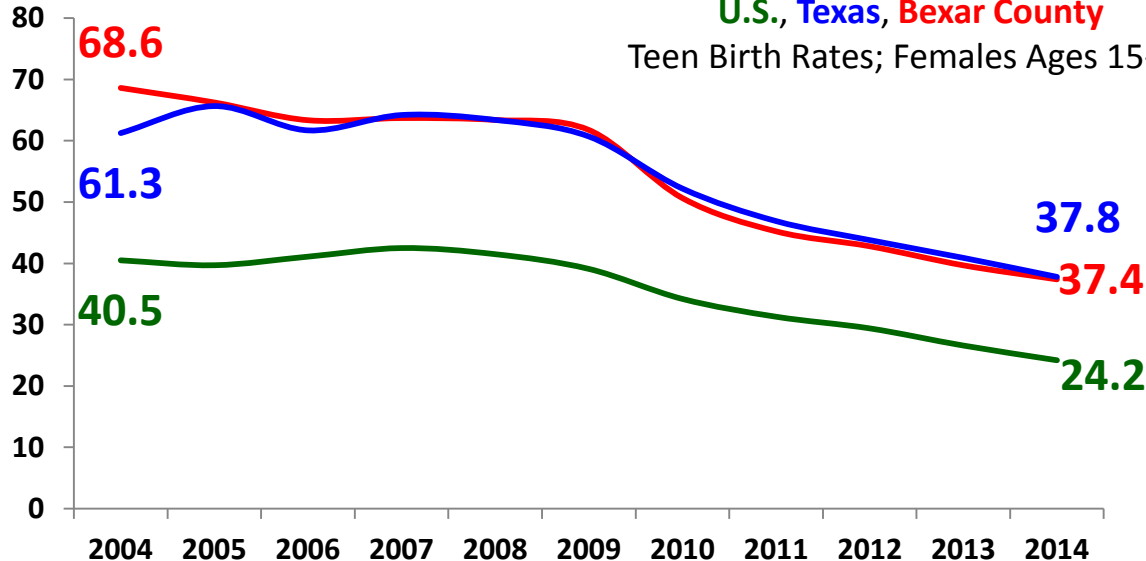
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Background

2004-2014

U.S., Texas, Bexar County

Teen Birth Rates; Females Ages 15-19



San Antonio, Bexar Co.
Teen Birth rate has
declined **45%** since
2004,
BUT, still **55%** higher
than U.S. rate.

The 2014 Percent of
Repeat Teen Births was
22%.



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Background

- Long Acting Reversible Contraceptives (LARC) are effective for preventing teen pregnancy.
- Root cause analysis on repeat teen pregnancy: *Mental health of teen parents should be factored into local teen pregnancy prevention strategies.*
- Agreement with University Health System to provide no-cost LARCs for female teens, and mental health counseling services for teens. Agreement with Communities In Schools of San Antonio to provide in-school mental health counseling services for teen parents.
 - Parental/guardian consent required for minors.



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Fiscal Impact

- The agreement with University Health System is up to \$325,000; agreement with Communities In Schools of San Antonio is up to \$216,000.
- Both agreements begin October 1, 2017 through September 30, 2018 with the opportunity for two, one-year renewals.
- Funding is available and budgeted through Metro Health's Medicaid 1115 Waiver.
- There is no impact to the General Fund.



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Recommendation

Staff recommends approval of:

- Agreement with University Health System for an amount up to \$325,000.00
- Agreement with Communities In Schools of San Antonio for an amount up to \$216,000
- Both agreements begin October 1, 2017 through September 30, 2018, with the option for two, one-year renewals.